

# 8 Week Social Skills Group

Led by Licensed Therapist & Certified Teacher  
Vanessa De Jesus Guzman, LPC, NCC



## WHO IT'S FOR

- Kids ages 5-7
- Max 6 kids per group
- For the kid who shuts down, acts out, or holds back in social situations.

## SCHEDULE & DATES

- Tuesdays, April 28th - June 16th
- 5:00 - 6:00PM
- 8-week commitment
- Enrollment deadline: April 17th

## COST & COMMITMENT

- 30-min virtual intake: \$120
- \$520 for 8 weeks / \$65 a session
- Superbill submitted to insurance on your behalf for potential reimbursement
- 8-week commitment required

## GROUP DETAILS

- Hands-on, interactive activities
- No worksheets, no lectures
- Customized to individual needs
- Parent support materials included

**1** Visit website and complete the interest form

**2** Once groups are formed, book your intake call

**3** Groups start 4/28. Watch your child begin to thrive!

 [FREETOBEMINDFUL.COM/GROUPS](https://freetobemindful.com/groups)

## SKILLS COVERED

- Effective Communication
- Perspective Taking
- Working as a Team
- Friendship Building
- Decoding Social Cues
- Managing Frustrations
- Self-Esteem